









CHRIST, PRINCE OF PEACE CATHOLIC SCHOOL

FEBRUARY 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<u>HOT LUNCH</u> *Chicken Nuggets Buttered Noodles Green Beans Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> CAESAR	<u>HOT LUNCH</u> *Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Cookie Milk, Fat Free <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> TOSSED GARDEN	<u>HOT LUNCH</u> *Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> ITALIAN-ST. LOUIS HILL	<u>HOT LUNCH</u> Grilled Hamburger on WG Bun Green Beans Fresh Fruit/Seasonal Jell-O Milk, Fat Free <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> CHEF SALAD	<u>HOT LUNCH</u> PAPA JOHN'S PIZZA  <u>NO ALTERNATE</u> <u>NO SALAD OF THE DAY</u>
10	11	12	13	14
<u>HOT LUNCH</u> All Natural Hot Dog on Bun *French Fries with Ketchup Fresh Veggies Lite Ranch Dressing Jell-O Milk, Fat Free <u>ALTERNATE</u> Hamburger <u>SALAD OF THE DAY</u> CAESAR	<u>HOT LUNCH</u> *Chicken Patty Sandwich WG *French Fries/Ketchup Green Beans Fresh Fruit/Seasonal Milk, Fat Free SMOOTHIE KING \$3.25  <u>ALTERNATE</u> Hamburger <u>SALAD OF THE DAY</u> TOSSED GARDEN	<u>HOT LUNCH</u> * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookie Milk, Fat Free <u>ALTERNATE</u> Hamburger <u>SALAD OF THE DAY</u> ITALIAN-ST. LOUIS HILL	<u>HOT LUNCH</u> BREAKFAST FOR LUNCH! *Pancake with Syrup *Sausage Patty Fresh Fruit/Seasonal Yogurt Milk, Fat Free <u>ALTERNATE</u> Hamburger <u>SALAD OF THE DAY</u> CHEF SALAD	<u>HOT LUNCH</u> PAPA JOHN'S PIZZA  <u>NO ALTERNATE</u> <u>NO SALAD OF THE DAY</u>
17	18	19	20	21
NO SCHOOL 	<u>HOT LUNCH</u> Hamburger on WG Bun *Baked Fries Baby Carrots Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Chicken Patty <u>SALAD OF THE DAY</u> TOSSED GARDEN	<u>HOT LUNCH</u> Mini Waffles with syrup Bacon Slice Yogurt Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Chicken Patty <u>SALAD OF THE DAY</u> ITALIAN-ST. LOUIS HILL	<u>HOT LUNCH</u> *Bosco Stick Spaghetti Sauce Mixed Vegetables Fresh Fruit/Seasonal 100% Fruit Juice Bar Milk, Fat Free <u>ALTERNATE</u> Chicken Patty <u>SALAD OF THE DAY</u> CHEF SALAD	<u>HOT LUNCH</u> PAPA JOHN'S PIZZA  <u>NO ALTERNATE</u> <u>NO SALAD OF THE DAY</u>
24	25	26	27	28
<u>HOT LUNCH</u> *Jumbo Corn Dog Green Beans Fresh Fruit/Seasonal *Vanilla Wafers Milk, Fat Free <u>ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> CAESAR	<u>HOT LUNCH</u> *Cheeseburger Quesadilla Spanish Rice Corn Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> TOSSED GARDEN	<u>HOT LUNCH</u> ASH WEDNESDAY Baked Macaroni & Cheese Green Beans Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free <u>ALTERNATE</u> Fish Stick <u>SALAD OF THE DAY</u> ITALIAN-ST. LOUIS HILL	<u>HOT LUNCH</u> *Lasagna with Meat Sauce *Fresh Breadsticks Tossed Salad Lite Ranch Dressing Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> CHEF SALAD	<u>HOT LUNCH</u> PAPA JOHN'S PIZZA  <u>NO ALTERNATE</u> <u>NO SALAD OF THE DAY</u>

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).

SALAD OF THE DAY CAESAR	SALAD OF THE DAY TOSSED GARDEN	SALAD OF THE DAY ITALIAN-ST. LOUIS HILL	SALAD OF THE DAY CHEF SALAD	SALAD OF THE DAY SPINACH
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