



# CHRIST, PRINCE OF PEACE CATHOLIC SCHOOL

## SEPTEMBER 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
NO SCHOOL  	<u>HOT LUNCH</u> * Chicken Strips BBQ Sauce Corn Fresh Fruit/Seasonal Cookies Milk, Fat Free <u>ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u> Cheeseburger on WG Bun Baby Carrots Pudding Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Chicken Patty <u>SALAD OF THE DAY</u> Italian Salad	<u>HOT LUNCH</u> *Breaded Chicken Drumstick Buttered Noodles Mixed Vegetables Jell-O Milk, Fat Free <u>ALTERNATE</u> Cheeseburger <u>SALAD OF THE DAY</u> Garden Salad	NOON DISMISSAL  NO FOOD SERVICE
9	10	11	12	13
<u>HOT LUNCH</u> *Jumbo Corn Dog Corn Fresh Fruit/Seasonal *Vanilla Wafers  Milk, Fat Free  <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> Caesar Salad	<u>HOT LUNCH</u> *Chicken Nuggets Rice Pilaf Green Beans Fresh Fruit/Seasonal Milk, Fat Free  <b>SMOOTHIE KING \$3.25</b> <u>ALTERNATE</u> Hamburger <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u> <b>BREAKFAST FOR LUNCH!</b> *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free <u>ALTERNATE</u> Waffle <u>SALAD OF THE DAY</u> Italian Salad	<u>HOT LUNCH</u> *Cheese Quesadilla Spanish Rice Corn Rainbow Sherbet Milk, Fat Free  <u>ALTERNATE</u> Chicken Patty <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u>  PAPA JOHN'S PIZZA   <u>NO ALTERNATE</u>  <u>NO SALAD OF THE DAY</u>
16	17	18	19	20
<u>HOT LUNCH</u> Grilled Hamburger on WG Bun Green Beans Fresh Fruit/Seasonal Jell-O Milk, Fat Free  <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> Caesar Salad	<u>HOT LUNCH</u> Turkey & Cheese on WG Bun Fresh Veggies with Dip Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free  <u>ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u> All Natural Hot Dog on Bun *French Fries with Ketchup Fresh Veggies Lite Ranch Dressing Jell-O Milk, Fat Free <u>ALTERNATE</u> Hamburger <u>SALAD OF THE DAY</u> Italian Salad	<u>HOT LUNCH</u> Chicken Strips Seasoned Noodles Lettuce & Carrot Salad Light Ranch Dressing Sherbet Milk, Fat Free <u>ALTERNATE</u> Corn Dog <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u>  PAPA JOHN'S PIZZA   <u>NO ALTERNATE</u>  <u>NO SALAD OF THE DAY</u>
23	24	25	26	27
<u>HOT LUNCH</u> *Chicken Patty Sandwich WG *French Fries/Ketchup Green Beans Fresh Fruit/Seasonal Milk, Fat Free  <u>ALTERNATE</u> Cheeseburger <u>SALAD OF THE DAY</u> Caesar Salad	<u>HOT LUNCH</u> *Toasted Ravioli Green Beans Fresh Fruit/Seasonal *Cookie Milk, Fat Free  <u>ALTERNATE</u> Pizza Stick <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u> <b>BREAKFAST FOR LUNCH!</b> *Waffle with Syrup *Sausage Patty Fresh Fruit/Seasonal Strawberry Yogurt Cup Milk, Fat Free <u>ALTERNATE</u> French Toast Stick <u>SALAD OF THE DAY</u> Italian Salad	<u>HOT LUNCH</u> Baked Macaroni & Cheese Green Beans Fresh Fruit/Seasonal Teddy Grahams Milk, Fat Free  <u>ALTERNATE</u> Chicken Patty <u>SALAD OF THE DAY</u> Garden Salad	<u>HOT LUNCH</u>  PAPA JOHN'S PIZZA   <u>NO ALTERNATE</u>  <u>NO SALAD OF THE DAY</u>
30				
<u>HOT LUNCH</u> *Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Cookie Milk, Fat Free <u>ALTERNATE</u> Hot Dog <u>SALAD OF THE DAY</u> Caesar Salad				



All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).

SALAD OF THE DAY CAESAR	SALAD OF THE DAY TOSSED GARDEN	SALAD OF THE DAY ITALIAN-ST. LOUIS HILL	SALAD OF THE DAY CHEF SALAD	SALAD OF THE DAY SPINACH
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